

Lectio Divina:

See that you are not led astray



Image from the World Wide Web

Lectio Divina – Listening to God’s Word with our hearts

“And the word was made flesh and dwelt amongst us”

In Imaginative Contemplation we pray with the Scriptures, allowing Christ in the Scriptures to speak to us through our imagination. In Lectio Divina we pray with the Scriptures by dwelling on God’s word by listening with our heart. In Imaginative Contemplation, Jesus’ words, actions, teaching and relationships with people become familiar to us when we enter into the Scripture passage using our imagination. In Lectio Divina, God’s word becomes familiar to us by listening with our hearts and dwelling on His words. Listening with our hearts is something we do automatically in everyday life when we for example dwell on the beauty of nature or listening to someone we love or recall a poignant memory.

Lectio Divina or divine reading has four parts: reading, repeating, responding and resting.

Reading: Begin by reading the Scripture Passage slowly until a word or a phrase resonates with you. Then stop for the moment.

Repeating: Dwell on the words you have chosen. Repeat them again and again as though God is saying them to you. Try not to analyse them, just let them speak to you. Savour the words.

Responding: Be like Mary and “ponder these things in your heart”. Allow God’s heart to speak to your heart. He wants to be close to you so ask yourself what this invitation could mean. Speak

to God with your hear. Be open to what he is trying to reveal to you. Share with God whatever is coming into your heart and mind.

Resting: Rest in the embrace and love of God. It is God's response to us. Your whole being is focussed on God so dwell in the moment. When you feel ready, move on.

As you listen to the following passage, note which parts move you but don't analyse anything. Then when you are ready, **read, repeat, respond** and **rest** and when you have dwelt on the words that initially resonated with you, continue on reading the passage and repeat the process.

Prayer

We acknowledge we are in the presence of God so let us say:

Direct O Lord and guide and influence all that is happening in my mind and heart during this time of prayer: all my moods and feelings, my memories and imaginings; my hopes and desires; may all be directed and influenced to your greater glory, praise and service and to my growth in your Spirit. Amen

Let the Spirit enter our hearts and enlighten our minds to be able to trust God's mercy and protection, even when we are facing difficulties.

Reading Luke 21:5-19

At that time: While some were speaking of the Temple, how it was adorned with noble stones and offerings, Jesus said, 'As for these things that you see, the days will come when there will not be left here one stone upon another that will not be thrown down.' And they asked him, 'Teacher, when will these things be, and what will be the sign when these things are about to take place?' And he said, 'See that you are not led astray. For many will come in my name, saying, "I am he!" and, "The time is at hand!" Do not go after them. And when you hear of wars and tumults, do not be terrified, for these things must first take place, but the end will not be at once.'

Then he said to them, 'Nation will rise against nation, and kingdom against kingdom. There will be great earthquakes, and in various places famines and pestilences. And there will be terrors and great signs from heaven. But before all this they will lay their hands on you and persecute you, delivering you up to the synagogues and prisons, and you will be brought before kings and governors for my name's sake. This will be your opportunity to bear witness. Settle it, therefore in your minds, not to meditate beforehand how to answer, for I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict. You will be delivered up even by parents and brothers and sisters, and relatives and friends, and some of you they will put

to death. You will be hated by all for my name's sake. But not a hair of your head will perish. By your endurance you will gain your lives.'

Questions for Reflection

As you slowly read this Gospel passage, allow its words to soak into your mind. You may want to light a candle to help you ponder the passage, reflect on the image above or on the words of Pope Francis below. You might want to imagine that you are at the temple with Jesus listening to his predictions.

1. What is this passage saying to you?
2. What word(s), sentence or phrase in this Gospel passage most caught your attention; most touched your heart; most challenged you; most comforted you? Is there anything in this passage that you found uncomfortable or startling?
3. *'See that you are not led astray. For many will come in my name, saying, "I am he!"* How do you discern what are true teachings and what are false ones? How do you share the truth of Jesus' teaching with others?
4. *'Nation will rise against nation, and kingdom against kingdom. There will be great earthquakes, and in various places famines and pestilences.'* How do you react when you read about catastrophic events, about countries at war and when you see Mother Earth being destroyed through climate change and depletion of its resources? Do you feel moved into doing something practical?
5. *I will give you a mouth and wisdom, which none of your adversaries will be able to withstand or contradict.* When have you felt your words have been life-giving? When have you felt the Spirit of God help you in hostile or awkward situations?
6. *'You will be hated by all for my name's sake.'* When have you experienced hatred or ridicule in your life because of your faith? How did you react?

Pope Francis tells us:

In the Gospel Jesus encourages us to keep firmly in mind and in heart the certainty that God guides our history, and that he knows the final end of things and events. Under the Lord's merciful gaze, history unravels in flowing uncertainty, and weaves between good and evil. However, all that happens is contained within him. Let us pray to the Virgin Mary that she may help us, through the happy and sad events of this world, to firmly maintain hope in eternity and in the Kingdom of God. Let us pray to the Virgin Mary, that she

may help us deeply understand this truth: that God never abandons his children!

We shall now spend 10 minutes reflecting on this scripture passage by reading, repeating, responding and resting as described above. We will then share what we thought, felt etc. only if you are comfortable to do so.

End Prayer Suscipe of St. Ignatius of Loyola

Take, Lord, and receive all my liberty,
my memory, my understanding,
and my entire will,
All I have and call my own.
You have given all to me.
To you, Lord, I return it.
Everything is yours; do with it what you will.
Give me only your love and your grace,
that is enough for me.

Scripture texts: from the Jerusalem Bible 1966 by Dartington Longman & Todd Ltd and Doubleday and Company Ltd.