



Dear Friend,

I hope that you are enjoying finding out more about our Convent's ministries so far.

As I have shared with you in previous emails, we have a Rehabilitation Centre for disadvantaged women, a place for them to find shelter and refuge. We also help disadvantaged men.

It is here that men who have experienced difficult life situations (homeless men, ex-prisoners, drug and alcohol addicts, disabled and poor people) can find shelter. **More than that, these men can change their lives and find God along the way.**

Prayer and church services are in the centre of their lives while they live at the Centre. They participate in the Liturgy every Saturday and get the chance to confess and receive Holy Communion, which definitely gives them the strength to continue their fight with sin, to change.

Work therapy is another very important activity that the men practise at the Centre.

Click on this link to read more about the Rehabilitation Centre for men and to watch a video that might give you a better idea about what it's like to live and work there.

[Rehabilitation Centre for Men - Finding Themselves and God](#)



We try to follow the footsteps of our Convent's heavenly patroness Saint Elisabeth, so helping disadvantaged, poor people is one of our top priorities. We believe that together with prayer and Holy Communion, labour therapy will bring these men closer to living a full and happy life with God. And it is exactly what our long-term goal is.

With love and gratitude,

Sr Anastasia and the Sisters of Saint Elisabeth Convent

[PS: The Sisters of Saint Elisabeth's are always here to pray to God and His Saints. If you have a prayer request, make sure that you follow this link. We will be happy to pray for you and your loved ones!](#)

Our mailing address is:

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